

1. In verse 4, Paul appeals to four qualities that should be the mark of a Christian. What is his aim, here and elsewhere in the epistle?
2. One way to unite the minds of Christians is for us all to seek to model our minds after a single example. Where is this point made?
3. Some say that Jesus being in the “form” of God or man means that He was not truly either God or man. How do we know this is wrong, and what does form mean here?
4. Verse 6 in the original text says that Christ Jesus did not think equality with God was “robbery.” Some possibilities advanced for the meaning of this difficult phrase: 1) He did not desire to grasp or retain that equality at any cost, 2) He did not regard it as a means for His advantage, or 3) He did not need to pursue or seize equality with God, having possessed it from eternity. How does each of these agree with what we know of the Lord?
5. Verses 6-11 take us through some ear-popping changes of altitude, from height to depth and back again. Identify the highs and lows.
6. What does it mean in verse 7 that Jesus emptied himself?

7. Does verse 12 mean we have to work for salvation? And why with fear and trembling?
 8. What habits should Christians avoid to stand out in a dark world?
 9. How do Timothy and Epaphroditus live out the ideals set forth earlier in the chapter?