

Questions:

Psalm 56

1. Read 1 Samuel 21:10-15. What is David's peril here? How could we be in similar circumstances?
2. What prescription does this Psalm give for times of anxiety?
3. What does verse 8 tell us about God?
4. See verses 12-13. What do we owe to God?
5. Where do we see Christ in this Psalm?

Psalm 57

6. When does David hide from Saul in a cave? How is this situation different than in Psalm 56?
7. What does the writer resolve to do in verses 1-2? How can this apply to us?
8. Read verse 6. Can you think of examples from scripture where someone falls into their own pit?
9. Verses 5 and 11 are the same. What do they proclaim?
10. It can be hard to sing praises to God while in the midst of dangers. Can you think of any examples from scripture?
11. Where do we see Christ in this Psalm?